Activity Calendar - April 2019

Palm Lake care

Mon 01	Tues 02	Wed 03	Thu 04	Fri 05	Sat 06	Sun 07
9:00 Exercise Walk	9:00 Body Stretch	9:00 Hand Weights	9:00 Resist Bands	9:00 Relax/Brain Gym	9:00 Golf	Movie Games
7:12 Childcare Visits	10:30 BINGO	9:30 Bapt Church	10:30 Cognative Games	9:30 Choir	10:30 Table Games	
1:30 Choir Practice	1:00 Table Games	10:30 Stephen	1:30 Golf	10:00 Catholic Church	1:30 Bingo	
	1:00 Paint/Paper Tole	1:30 Bowls		10:30 Craft/Movie		
				1:30 Joel Old time Movies		
				2:30 **HAPPY HOUR**		

Mon 08	Tues 09	Wed 10	Thu 11	Fri 12	Sat 13	Sun 14
9:00 Exercise Walk	9:00 Relax/Brain Gym	9:00 Tai Chi	9:00 Exercise Stretch	9:00 Hand Weights	9:00 Golf	Movie Games
10:30 Thelmi	10:30 BINGO	9:30 Baptist Church	10:30 Group Word Fun	9:30 Choir	10:30 Table Games	
1:30 Choir Practice	1:30 Paint a Picture	10:30 Melly Musical	1:30 Group Jigsaws	10:00 Catholic Church	1:30 Bingo	
	1:30 Floor Games	1:30 Bowls	1:30 1:1 Room Visits	10:30 Craft		
	2:30 **Legacy Ladies**			1:30 Movie		
	Eater Rabbit visits					

Mon 15	Tues 16	Wed 17	Thu 18	Fri 19	Sat 20	Sun 21
9:00 Exercise Walk	9:00 Resistance Band	9:00 Body Stretch	9:00 Thi Chi		9:00 Golf	Movie Games
10:30 Inter Facility	10:30 BINGO	9:30 Baptist Church	10:30 Speaker: Traditional	Good	10:30 Table Games	
Bowls	1:30 Floor Games	10:30 Scotch		Friday	1:30 Bingo	
Competition	1:30 Paint a Picture	on the Rocks	Funeral	Easter		
1:30 Choir		1:30 Bowls	1:30 Tunnel Bowl			

Mon 22	Tues 23	Wed 24	Thu 25	Fri 26	Sat 27	Sun 28
	9:00 Relax/Brain Gym	9:00 Neck/Shoulders		9:00 Hand Weights	9:00 Golf	Movie Games
Easter	10:30 Golf	9:30 Baptist Church		9:30 Choir	10:30 Table Games	
Monday	1:00 Table Games	10:30 Anzac Day Serv	ANZAC DAY	10:00 Catholic Church	1:30 Bingo	
	1:00 Paper Tole	1:30 Bowls		10:30 Bruce		
				1:30 Movie/Craft		
				2:30 **HAPPY HOUR**		

Mon 29	Tues 30					
9:00 Exercise Walk	9:00 Tai Chi		**9th April**			
10:30 Bowls	10:30 Athol		**Easter Bunny**			
1:30 Choir Practice	1:30 Paint/Paper Tole		**Visits 12:00**			
	1:30 Board Games		**With Easter**			
			Eggs			