

THE Difference



Pictured above: What a wonderful time of year to be enjoying the coastal bliss of Bargara in summer. We loved getting out in the sunshine to enjoy a game of bocce.

Pictured right: We also loved the opportunity to, once again, jump on the community bus for a wonderful day out.



SUMMER IN BARGARA IS WONDERFUL

We were extremely excited this month to be able to go out on our first bus outing in a long time! It was a fantastic morning out. Our residents enjoyed driving around our local area, seeing all the changes about town and recalling those memorable local views they know so well. We then went down by the beach to enjoy a lovely morning tea of sandwiches and cold beverages. We are all looking forward to more outings on the bus, especially with the weather so beautiful right now. Another activity that had us out soaking up the vitamin D was bocce. It was an exciting game played by many of our residents who all thoroughly enjoyed it. We are looking to continue this activity and more to take advantage of the warm, revitalising sunshine.

Steve Wheeler, Service Manager





BUSY DAYS AROUND

The month leading up to December has been a busy one - we've done loads already and the festive season hasn't even begun (yet!)...

Virtual fun (pictured left): Here at Bargarra, we have been enjoying our virtual connection to the outside world. It has proved very successful for our drumming classes and contact with other Palm Lake Care communities. Our residents are amazed by the technology of today - especially by what they can see and where they can go without even leaving their seats. It has been a big eye-opener for everyone. The residents also loved our virtual poet's corner. We set up a virtual session with Palm Lake Care Mount Warren Park's wonderful volunteer, Rosie. What a remarkable job she did! Our residents thoroughly enjoyed listening to her poems and presenting their own. We are really enjoying the technology of today, keeping us all connected from all over Australia!

Indoor croquet: What can I say about this game? It was a lot of fun trying to hit the ball with the mallets through the hoops! It certainly tested our hand-eye coordination which turned out to be not-too bad.

Cultural day: We had a lot of fun celebrating Africa with elephant races and a game of "Pin the mane on the lion"! We learned a lot about African history and other facts. We enjoyed a whiteboard quiz too: Travelling around Africa.

Corn Hole Game (pictured left): Made and painted by our own masters of the tools and paint brushes - our men's group members have done a great job with this project. It turned out very good. We had a lot of laughs while playing this game.

Remembrance Day: We held a respectable Remembrance Day service in November. It was commendable to see so many residents and caregivers come to the lounge area for the service to remember our fallen soldiers. A few of our residents made admirable speeches as well. Our Service Manager Steve gave a spectacular speech and read the Ode. We want to thank all our caregivers and residents for showing their support. Let's not forget.

Melbourne Cup (pictured left): It was a great day! We had our Fashions on the Field with some of our lucky residents and caregivers winning prizes and our very own 'crazy horse lady' (who looked stunning) ensured everyone got their horses for the Sweeps. We enjoyed watching the big race in the theatre and the main lounge area. After the race, we presented the winnings and learned some fascinating history on Melbourne Cup through trivia.

We wish everyone a wonderful Christmas and hope that you spend it with your most special friends and family members. We hope everyone keeps safe and will see you in the New Year!

Kim Milowski
Lifestyle Team Coordinator

KEY LOCAL PERSONNEL

Service Manager: Steve Wheeler, bargaracarefm@palmlake.com.au
Admin: Donna Antrobus, Colleen Dwyer
Acting Clinical Manager: Lauren Krebs **Clinical Nurse:** Christie Webb
Lifestyle Team Coordinator: Kim Milowski
Maintenance Officer: Richard Miller **Chef Manager:** Jenny Wise

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