

THE

Difference

TOOWOOMBA APRIL



Pictured this page: We are so proud of the community we live in here at Palm Lake Care Toowoomba and we are excited to be filling the last of our neighbourhoods. Here's a quick look at what we get up to each day...

OUR COMMUNITY IS GROWING AND GROWING...

As I write piece this, our aged caring community is about to enter into its last phase of commissioning as we prepare to open the Arren/Boyce communities. From this point on, it will mean that all the working parts of the building are now operational. It has been a fast and furious first five months of operation as we have seen upwards of 100 residents join us since November 2, 2020. That's a lot of introductions and strangers to get to know for everyone involved. Through this process of new friendships being formed, the patience and warmth of the residents and caregivers never ceases to amaze me. The generosity of the residents and their willingness to open up to strangers should never be taken for granted. A smile is worth a thousand words they say, and with so many smiles in the Palm Lake Care Toowoomba community at any one time, we must have a million unspoken conversations happening at any point in time.

Tony McKenzie, Service Manager



IT'S A VOCAL RANGE

Our Lifestyle Team has been very busy over the last month welcoming a lot of new residents to our community and settling them all into their neighbourhoods. The highlight is getting to do the lifestyle questionnaire with them learning all out them. Everyone has such an amazing story to tell quite often I am asked at the beginning of our chat why do you want to know all this. My answer is that's so we can all know YOU make your stay here with us the best we can. Usually by the I get thanked and the feedback is that they have enjoyed telling their story and reminiscing about their life so far. I would like to take this opportunity to thank everyone to taking the time with me it is an honour to listen and learn about you.

St Patrick's Day – Wow! What a great day was had by all. Thank you to everyone for being happy little leprechauns! Thank you to Chef Denni for all the amazing canapés and nibbles, and to Netty (in the Café) for the green milkshakes which were a huge hit. Pictures say a thousand words and our photo props were a big hit with lot of laughs had on the day (*pictured below*).

Win and Patsy have spent countless hours doing our first challenging jigsaw puzzle in the Community Centre with their first one completed. Thank you to Ros for giving us some more puzzles to complete.

We have started a choir on Tuesdays in the theatre from 10.30am-12 noon. We are learning five songs including:

- 'Sunshine' by Pink and her daughter Willow Sage Hart
- 'Way out West' by James Blundell
- 'Horses' by Daryl Braithwaite
- 'Leaving on a Jet Plane' by John Denver
- 'Thinking out loud' by Ed Sheeran

We spend time practising the songs at the start and end of each session with requests taken in the middle. It's been great to see such a large attendance at choir, with lots of loud voices singing away.

**Jeannie Healy,
Lifestyle Team Coordinator**



MEET YOUR NEIGHBOUR: DAVID HENNESSY

Give us three words to describe you?

Laid back, honest and friendly.

What advice would you give to the 30-year-old version of yourself? Don't do what anyone else tell you to do!

What does happiness mean to you?

Being home at night with family.

What's your favourite memory?

Christmas time with the family.

What's one thing in life that you wish you'd done more of? Or Less of? More: Be home. Less: Worry about the world.

KEY LOCAL PERSONNEL

Service Manager: Tony McKenzie, toowoombacaresm@palmlake.com.au

Administration officers: Louise King and Toni Brazier

Clinical Manager: Jodi Harms

Clinical Nurse: Daisy Sharma

Lifestyle Team Coordinator: Jeannie Healy

Chef Manager: Edward Townsend **Maintenance Officer:** Jason Schwerin

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