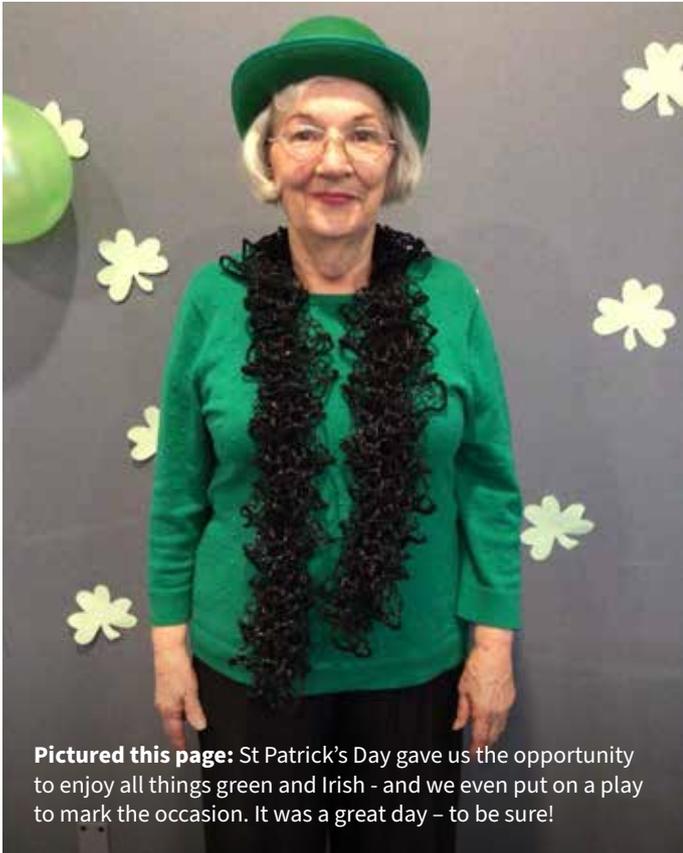


THE

Difference

MT WARREN PARK APRIL



Pictured this page: St Patrick's Day gave us the opportunity to enjoy all things green and Irish - and we even put on a play to mark the occasion. It was a great day - to be sure!



RESIDENTS' INPUT HELP US MAKE OUR COMMUNITY EVEN BETTER

Well, Easter is fast approaching already... how time flies by when you're having fun! With another period of restricted access for our community, we would like to thank everyone for their patience and understanding during these unprecedented times. We're all in it together and that's why we get through these periods of restriction so well - we do it together.

Over the past few months here at Palm Lake Care Mt Warren Park, we have introduced residents to our Consultative Committee that meets on a monthly basis to discuss the running of our aged caring community. We have also hosted a Food Focus Group meeting which has seen us implement an improvement for our community - tours of the kitchen! This is a weekly tour that takes residents through our kitchen and pantry area so they can see where all of our delicious fresh food is being prepared and cooked. The tours have proven very popular and we thank our kitchen team members for their time.

Eleanor Morgan, Service Manager





OVER THE RAINBOW, TO BE SURE!

March has certainly flown for the residents of Palm Lake Care Mt Warren Park. This month we have introduced a new program called Bubbles & Brushes. The residents enjoyed spending a couple of afternoons sipping champagne, playing with bubbles and painting (*pictured this page*). We were all very happy with our end results.

We also enjoyed a lovely high tea, replanted our raised garden beds and raised money for the Guide Dogs. But the highlight of our month was definitely celebrating St Patrick's Day! This year we celebrated with a morning tea, Irish singalong and some trivia. The residents also put on a play that they had been working on together called 'Catch a Leprechaun'. This was a fun play where the residents found a Leprechaun and followed him to the rainbow over Palm Lake Care to find a pot of gold. Everyone enjoyed practising and putting on this event. Sadly, due to COVID, we had restricted visiting again so the play was only put on for a small audience. Now that life has returned back to a little bit of normality we are going to put the play on again for a bigger audience.

Leona Counsell,
Lifestyle Team Coordinator



MEET YOUR NEIGHBOUR: JOHN KEATING

Give us three words that best describes you?

Irish, Serious (and I like a bit of fun!), brave. I came out to Australia when I was 20. I moved to Bronte Park, Tasmania, when I migrated - I had no choice of what part of Australia I came to.

What advice would you give the 30-year-old version of yourself?

Stay single, so you don't get into trouble!

Oh, and travel the world (I did do that).

What does happiness mean to you?

Happiness means a lot to me. I like to have a laugh. Family is happiness and so too are my memories.

What is your favourite memory?

Memories of my mother and my family when growing up. My mother died when I was very young - I was only about 3 or 4 years old - and this caused my family to be divided up. I had a brother who was a lot older than me and one day he went to town and never came back. He had joined the Army and eventually made it to America. I never really knew him but when I was in my 40s my sister won some money and she paid for me to go to America for three weeks and I met my eldest brother then - this was the only time I ever met him.



KEY LOCAL PERSONNEL

Service Manager: Eleanor Morgan, mtwarrencare@palllake.com.au

Admin: Christine Richards

Clinical Manager: Caroline Bosnic

Lifestyle Team Coordinator: Leona Counsell

Chef Manager: Colleen Anderson **Maintenance Officer:** Alec Walker

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