

THE

Difference

BETHANIA APRIL



Pictured this page: St Patrick's Day gave us the opportunity to enjoy all things green and Irish - it was a great day - to be sure!



CAN YOU HELP US RECRUIT OUR NEW CAREGIVERS?

Hello all! I am refreshed and excited to return from my break and am looking forward to catching up with each of you and meeting our new residents and families that have joined us whilst I have been away. The Lifestyle Team have been busy with new ideas and suggestions for our community and I look forward to hearing your feedback on our new 'Coffee Club' and other suggestions.

We are looking for volunteers from our resident community to join us in our recruitment and interviewing process for future caregivers. They will take part in helping us select our new team members. If you would like to be a part of this special process, please let a Lifestyle Team member or Admin know. We would also like to have residents attend our monthly meetings of the Consultative Committee. During these important meetings, we discuss the running of our community and any improvements that might be required. If this sounds like something you would be interested in, we ask you to come forward also. As always, please let me know if I, or any of our caregiving team, can assist you. We're never far away. **Vanessa Gawith, Service Manager**





NEW FRIENDS, AND OLD!

The Lifestyle Team has enjoyed a lovely month in March with our friends – both old and new. We have celebrated birthdays and St Patrick's Day, as well as overcoming a minor COVID-19 restriction speedbump.

Our new caregivers, Sandi and Karoline, have settled in beautifully and are already valued members of our team bringing loads of new ideas, fun and enthusiasm. We feel blessed to have them on board.

Our St Patrick's Day celebrations were full of green fun and many residents enjoyed the shamrock shenanigans. We enjoyed shamrock-themed crafts and green iced cupcakes with lots of smiles, among other festivities.

March also brought us a fashion show run by "Fashions through the eras" (pictured left). This was a lot of fun and many who attended have requested another visit to be organised soon. We now also have a movie showing in our cinema every afternoon after lunch with different genres featured each day. We have also introduced our new "Coffee Club" activity on a Wednesday morning as well as an extended art and craft morning, so make sure you pop in to join us and have a speciality cup of tea or coffee – and if you're feeling artistic then try your hand at something crafty.

As we head into April, we will continue to focus on how lucky we are to have the wonderful friendships that we have, and we will strive to encourage each other to be inclusive of everyone in our Palm Lake Care community. It's important for us all to continue to encourage each other to try something new and grow.

**The Lifestyle Team,
Palm Lake Care Bethania**



Pictured above: Happy birthday Bill!

KEY LOCAL PERSONNEL

Service Manager: Vanessa Gawith, bethaniacarefm@palllake.com.au

Admin: Tricia Hargreaves and Kylie Daley

Clinical Nurses: Sandhya Rajan and Merin Parambath

Clinical Manager: Suja David

Lifestyle Team Coordinator: Amber Blake

Chef Manager: Veijo Lehto **Maintenance Officer:** Jason Campbell

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