



Here I
enjoy my life

Palm Lake Care Bethania



Aged Care Community

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Welcome

Hello and welcome to Palm Lake Care Bethania

We're thrilled that you're considering us as your aged care provider. Our aged caring community prides itself on offering personalised care and fostering a vibrant, welcoming atmosphere where every individual feels valued.

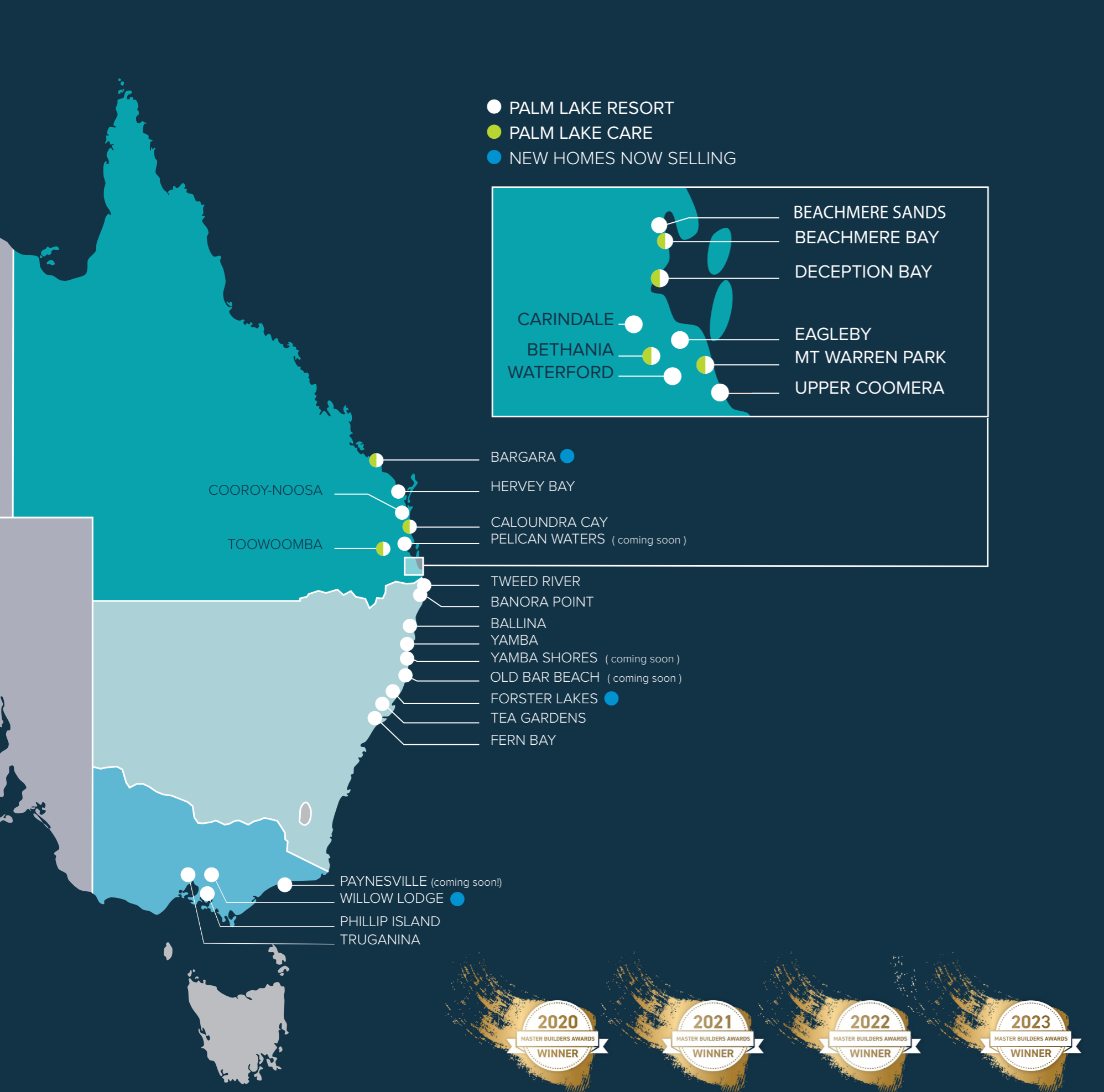
As you explore this enquiry booklet, you'll discover the array of services and amenities we provide to enhance your life at Palm Lake Care. Our dedicated team is passionate about creating a strong sense of belonging and ensuring that your unique needs are met with a warm, compassionate touch.

We wish you the very best in making this important decision and sincerely hope you and your loved ones will choose to become part of our Palm Lake Care family.

Warm regards,

Daniel Aitchison

CEO, Palm Lake Care



The Palm Lake Story



The Palm Lake story is one that dates back 44 years to a caravan park near Dandenong. Palm Lake Group founder, Walter Elliott purchased Willow Lodge Caravan Park in Bangholme, Victoria, inspired by the manufactured home estate model he had seen in operation in the United States and started converting it into a residential resort for permanent residents. Before long, the group shifted its operations base to Queensland and developed a resort at Bethania on Brisbane's southside.

The resort sold out quickly and became a model for this type of development. Since that time, Walter's son Scott joined the family business as Managing Director and the Palm Lake Group has grown to feature 38 locations across Queensland, New South Wales and Victoria. And the company is still expanding. Among the locations, there are also a number of sister Palm Lake Communities offering aged care to residents with care requirements.

The Palm Lake Group has seen much success over four decades and puts that success down to working hard to understand the designer lifestyle residents are seeking within the company's group of resorts. Just ask the thousands of happy Palm Lake Resort residents who enjoy freedom, security, individuality and a sense of community and purpose every day. Walter and Scott still lead this vibrant and ever-expanding family company from its Gold Coast headquarters.



Here our values are important to us

OUR VISION

That belonging and connection is a fundamental right of ageing.

OUR PURPOSE

We build active, engaged and inclusive care communities.

OUR PRIORITIES

PEOPLE

LISTEN

COMMUNITY



We're a great place to work, where our people feel connected and truly contribute to our Caring Communities.



Communication is at the heart of all we do. We engage, listen and respond.



We create vibrant environments where everyone is welcomed. Our residents feel safe, valued and that they belong.

Here is where I belong

At Palm Lake Care, we strive to create a warm and welcoming environment for all of our residents. Our team is dedicated to fostering a supportive community that encourages a sense of belonging and connectedness.

Our single private suites with ensuite bathroom and courtyard or balcony access are designed to provide ample space and comfort for both couples and singles. We understand the importance of feeling at home, and our suites are fully equipped with everything you need to

ensure a comfortable stay. Our residents are also encouraged to personalise their suites with their belongings, making it truly feel like their own.

At Palm Lake Care, we believe that a comfortable and inviting living space is essential to the well-being of our residents. We are committed to providing a safe and supportive environment that feels like home.





Here I feel really cared for



At Palm Lake Care, we understand the importance of providing round-the-clock care to our residents. Our team of clinical and care professionals, including visiting doctors, dentists, audiologists, occupational therapists, physiotherapists, speech pathologists, registered nurses, enrolled nurses, and personal carers, work collaboratively to provide individualized care and support to each resident.

maintenance crews play an integral role in creating a welcoming and comfortable environment that we're proud of. We believe that a happy and healthy lifestyle is essential for our residents, and we're passionate about promoting a food-conscious culture to support their wellbeing.

Our Lifestyle team works hard to uncover residents' interests and encourage interaction, social engagement, friendships, and fun. We believe that the little things can make a big difference, and we go the extra mile to ensure that every resident feels supported and cared for every day.

At Palm Lake Care, we value the dignity and respect of every resident. We listen carefully to their likes and dislikes and strive to provide person-centered care that respects their choices.

In addition to our healthcare professionals, our chefs, food service teams, administration teams, housekeeping, and



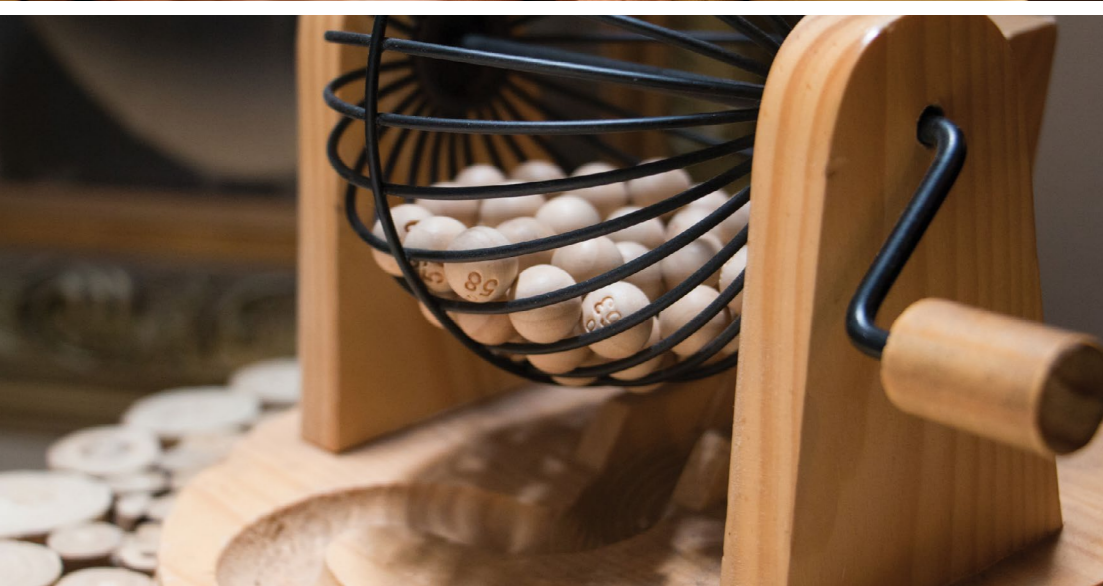
Here I feel very content

Here at Palm Lake Care, we are passionate about promoting a food-conscious culture that supports the health and lifestyle needs of our residents. Our focus on nutritious meals, prepared on-site every day, reflects our commitment to providing the best possible dining experience for our residents.

We understand that mealtime is an important daily highlight for our residents, and we strive to make it a memorable and enjoyable experience. Our menu is prepared fresh on-site by our team of experienced, qualified chefs, offering an abundance of options for all tastes, preferences, cultural and religious beliefs.

Our teams actively engage with residents on a monthly basis through our in-house food focus groups, and when planning menus, we welcome feedback to ensure that our menu options meet each resident's individual needs.





Here I feel fulfilled

Listening to our residents

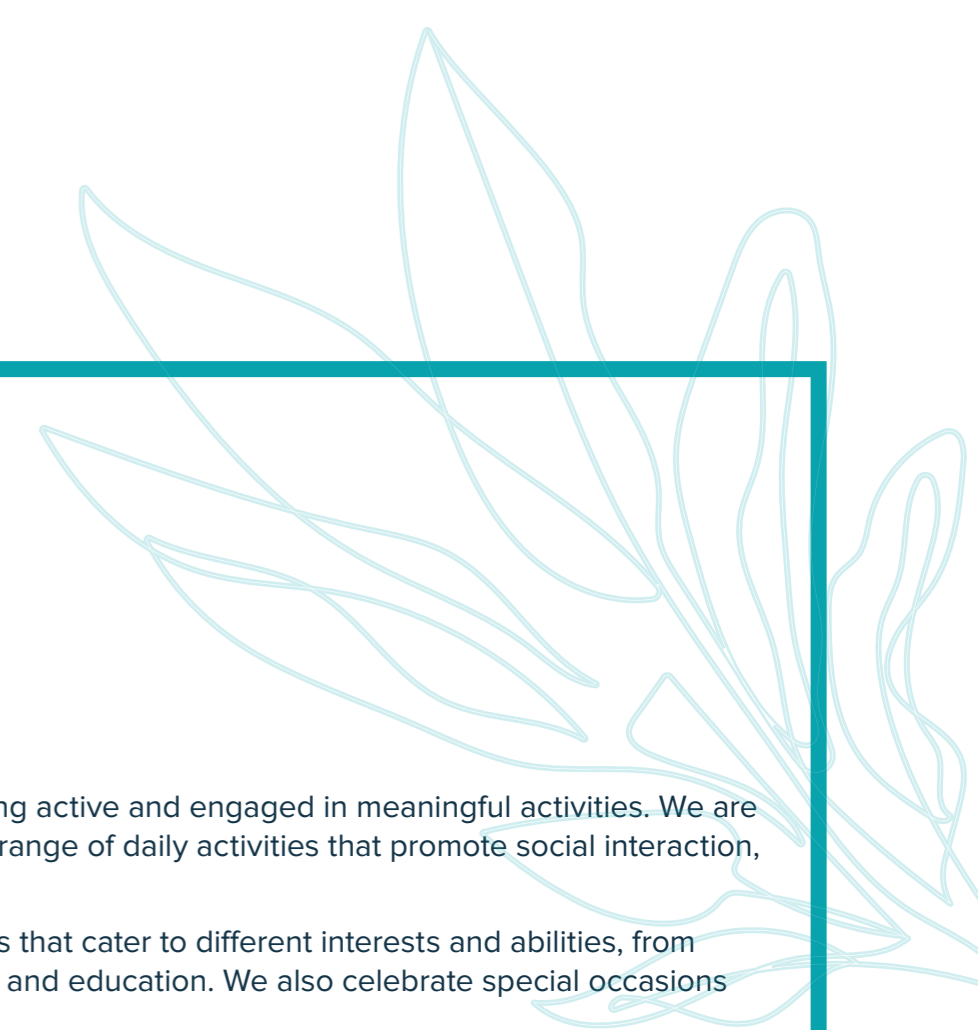
At Palm Lake Care, we understand the importance of staying active and engaged in meaningful activities. We are committed to ensuring that our residents have access to a range of daily activities that promote social interaction, creativity, and overall well-being.

Our innovative lifestyle program offers a variety of activities that cater to different interests and abilities, from artistic workshops and gentle exercise to singing, cooking, and education. We also celebrate special occasions such as birthdays, Christmas, ANZAC Day, and more.

As part of our commitment to person-centered care, each of our aged caring communities has a dedicated lifestyle coordinator who organizes a monthly activity schedule. We also understand that every resident is unique and may have specific interests or hobbies they want to pursue. That's why we offer the option to develop a personalised lifestyle plan tailored to each resident's individual needs and preferences, whether they want to pursue an activity in a small group or on their own. At Palm Lake Care, we are passionate about providing our residents with opportunities to stay active, engaged, and connected to their community. We believe that an active and fulfilling lifestyle is key to maintaining a high quality of life, and we are committed to helping our residents achieve that goal.

- Arts and crafts activities such as painting, drawing, knitting, and quilting.
- Gardening and outdoor activities like nature walks, birdwatching, and picnics.
- Group games like bingo, card games, board games, and puzzles.
- Exercise programs like gentle yoga, tai chi, and stretching classes.
- Educational activities such as book clubs, current event discussions, and guest speaker events.
- Pet therapy visits where residents can interact with trained animals.
- Religious or spiritual activities such as meditation, prayer groups, and worship services.
- Cooking and baking activities like cooking classes, recipe sharing, and baking sessions.
- Social events like birthday celebrations, holiday parties, and happy hour gatherings.
- Music activities such as singing, listening to music, and playing musical instruments.

*Please note that the above list of lifestyle activities are illustrative examples and may not be available at all times.





Here I feel spoilt

At Palm Lake Care, our residents enjoy the very best care in an impressive luxury setting. Here, joy and kindness are found every day.

- Large movie theatre
- 'Silver memories' broadcasting directly to your TV, connecting you to the past
- Elegant grand piano, available for your musical pleasure
- Newspapers and magazines available in communal areas for your convenience
- Library nooks located in common areas of the community for leisurely reading
- Access to the Palm Lake bus for community outings
- Wi-Fi available throughout the community
- BBQ area available for private bookings
- Pool table for relaxed enjoyment
- Self service Café area overlooking Lake Gordon
- Extensive meal options for lunch and dinner
- Daily buffet breakfast with choices of juices, cereals, and fresh fruit
- Enhanced beverage menu including beer and wine available at mealtimes, along with fruit juices, tea and coffee
- 24-hour light snack menu available on request
- Self-service refreshment areas throughout the community, including hot and cold filtered water
- Luxury soft furnishings located throughout the home
- Onsite hair and beauty salon for convenient personal care
- Exercise classes for maintaining physical fitness
- Regular in-house entertainment
- Labelling of all personal clothing for convenience

Here I live in comfort

In the Private suite you have everything plus the space to make it your own

Bedroom Features

- Fully electric single bed with pressure relieving mattress
- Stylish bedside table with draws
- Versatile overbed table with adjustable height and easy manoeuvrability
- An inviting armchair for relaxation
- Spacious Wardrobe
- Ample natural light and adjustable lighting

Ensuite Features

- Ensuite bathroom equipped with cabinetry offering added storage
- Strategically placed handrails for maximum safety and support
- Enjoy the convenience of installed heat lights and an exhaust fan

Comfort & Convenience

- Individual control air conditioning for personalised climate

- Large smart TV for entertainment
- Wi-Fi access for staying connected
- Direct dial telephone connection
- Refrigerator for storing essentials

Safety & Accessibility

- 24-hour nurse call system for added safety and accessibility
- Equipped with movement and lighting sensors for superior comfort and security

Aesthetics & Personalisation

- Window treatments (blinds and curtains) for privacy
- Enhanced comfort with screen doors for gentle breeze flow
- Carpet and built-in cabinetry with benchtops
- Each room offers ample space for personalisation, welcoming artwork, photos and furnishings



4430

10025

17

Here aged care fees are explained

When you are considering Residential Aged Care, it's important to understand what you might need to cover financially in terms of your accommodation, care and daily living fees.

Quality care at Palm Lake Care is affordable to everyone as the Australian Government calculates and regulates maximum fees and limits on how much you can be asked to pay. Your contribution towards the cost of your care, accommodation and services is subject to your individual financial circumstances. The Palm Lake team can explain this in detail and provide different options dependent on your individual circumstances.

When considering residential aged care, it's important to understand the funding options available so you can make the choice that's right for you or your family member.

1. Low Means Fully Supported (Govt funded) The government may pay for your accommodation and care costs, so you'll only need to pay the basic daily fee.

2. Low means partly supported (Govt contribution)

If you are only eligible for partial funding, the government will contribute to your accommodation costs and you'll also need to pay the basic daily fee.

3. Self-funded If you don't qualify for government funding, you'll need to pay the accommodation and basic daily care fee, and a means tested fee.

Your eligibility for funded care
To find out if you're eligible for residential aged care funding from the Australian Government, you'll need an Aged Care Assessment Team (ACAT) assessment.

The ACAT is a completely independent (and free) service. Visit My Aged Care or call 1800 200 422 to get started.

If you are looking for a permanent home, you'll also need to complete a financial assessment with Services Australia to determine how much you may need to contribute towards your accommodation.



Basic Daily Fee

Everyone pays a basic daily fee. This fee helps pay for your day-to-day services such as meals, cleaning, facilities management and laundry.

\$



Means Tested Care Fee

Means tested care fee is an extra contribution that some people pay, as determined through a means assessment. It is an ongoing fee towards the cost of your personal and clinical care.

\$



Additional Services & Enhanced Environment Fee

Palm Lake Care Bethania offers a luxurious living experience with amenities like private suites, diverse meal options, sports bar, beauty salons, and more, all aimed at enhancing residents' physical, social, and emotional well-being.

\$

TOTAL \$



Accommodation Costs

The accommodation payment covers the cost of your residential accommodation and is based on the type of room you choose. After you've received your financial assessment outcome, you will have up to 28 days from your moving in date to confirm how you'd like to pay. There are three ways you can choose to pay for your accommodation:

Refundable Accommodation Deposit (RAD).

A one off, government guaranteed, fully refundable lump sum accommodation deposit, which may also deliver pension benefits.

RAD \$

Daily Accommodation Payment (DAP)

A non-refundable daily accommodation payment.

DAP \$

Combination

An apportioned combination of the RAD and DAP payment options.

RAD \$
DAP \$

Take the next step in your application

Step One:

Complete application form

When you decide to proceed with a Palm Lake Community, you will need to complete an application form. (located in the back of this booklet and in digital form upon request). This form will ask for personal information, details about your health and care needs, legal and financial information.

Step Two:

Provide supporting documents

You will also need to provide supporting documents, such as medical reports, to support your application.

Step Three:

Waiting for approval

Once the application is submitted, we review it and will notify you of the outcome. We also provide details on when you can move in and begin receiving care.

Step Four:

Organise Preadmission

The Preadmission Meeting is an integral part of preparing for admission to aged care. It enables us to complete any necessary documentation and commence the clinical assessment process.

Step Five:

Move in day

On the day of admission, our team will welcome you to our Palm Lake Caring Community and help you to settle into your new home.

It's important to note that the application process can be complex, throughout the entire admission process, we work closely with you to ensure that you feel supported and informed. We understand that this can be a complex and emotional time, and we strive to make the process as seamless and stress-free as possible.





Come and visit
Bethania's magnificent
Aged Caring Community
and have all your
questions answered.

Arrange a private tour now by calling
07 3086 3000



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By Appointment only

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