

THE Difference

BETHANIA MAY 2023



Easter was eggcellent!

Easter is a popular holiday celebrated around the world. Each culture has its own unique traditions to commemorate this special day - from food to decorations or dressing up. In Jamaica, they crack eggs on Good Friday as they say this gives you good luck for the upcoming year. In Central America, they celebrate by making art with sawdust and in Germany, did you know it is illegal to dance on Good Friday?! Here at Palm Lake Care Bethania, we decided to do an Easter hat parade which included lots of craft and discussion among the residents, before they proudly displayed their finished hats at the parade. We also had the Easter Bunny visit us, to deliver chocolates to everyone. Easter just isn't Easter without the Easter Bunny or chocolates!

Turn over for even more fun Easter memories...



Service Manager's note

Our community is buzzing now with lots of activity going on. Our Café refurbishment is moving along nicely with the cabinetry, painting and flooring being completed. We are now waiting on the installation of a vending machine and coffee machine and some new furniture to arrive. There has been a show and tell at the recent Residents' Meetings of the new colour palette and samples as we work on the upgrades to our community. Our Lifestyle Team is also busy planning new activities, outings and working with the residents. It was lovely for some of our residents to be able to join the Palm Lake Resort ANZAC Service and share with them this special day. We look forward to collaborating with Palm Lake Resort Bethania more in the future. The resort has recently reopened its Bistro for lunch on Thursday and Fridays and have offered for our residents and families to stop by and enjoy the lovely food (meals range from \$10). We have welcomed new residents to our community, and their families. I was recently catching up with one of our new residents and she told me she would not remember my name as there was so many names and faces to remember – she thought it was easier that I just remember her! Please, as you walk through our community, I encourage you to introduce yourselves to other residents and staff so we all get to know each other and build an even more connected community.



Vanessa Gawith,
Service Manager



Meet your neighbours: Eric and Eunice Scammell

In our new regular newsletter column, we would like to help you get to know some more of your lovely Palm Lake Care Bethania neighbours. In this edition, please meet the Scammells - husband and wife team, Eric and Eunice...

"We knew that we needed help and that our health was deteriorating so our daughters started to look for somewhere for us to go where we could stay together," they said.

"We needed to stay together as we had been married for many years! We were lucky enough to come into Palm Lake Care and not be separated, we even get to stay in the same room! If we didn't come into Palm Lake Care when we did, I think our health would have deteriorated even more.

"We really like it here. The staff are very nice - always happy to help us. Nothing is ever a problem. We still get to make our own decisions and do what we want.

"The food is good, too. We get to choose our own menu every day. We get to choose where we want to eat. We have our own little dining room, where we have our meals. Maybe we will go to the big dining room one day?

"We know that we can attend all different sorts of activities. The staff let us know when they are on and will even take us there.

"We like our room and living here. We made a good decision moving in here."

Meet the team: Lifestyle Team Leader, Bobby



"Hello! My name is Bobby and I have been working in the aged care industry for over 30 years. I started working in the kitchen all those years ago and for the past 13 years I have been working as a Lifestyle coordinator.

"I like to look outside the box when creating my activity calendar and I am always open to suggestions. I am really excited to be working at Palm Lake Care and to bring different ideas and activities to our residents. Some would say that I am passionate about my job - and I think would agree!

"I am always available to talk to residents and family members so please pop in and have a chat. I can be found in the Activity Room."



Pictured above and left:
Our Easter hat parade saw a multitude of creative headwear proudly shown off by our clever residents. We loved how some residents got right into the spirit and even decorated their mobility scooters and walking aids for the celebration!

KEY LOCAL PERSONNEL

Service Manager: Vanessa Gawith, bethaniacarefm@palllake.com.au

Service Manager Support: Janene Sayers **Customer Experience:** Diane Unwin

Admin: Leanne Gronfors, Tracey French **The Lanes Coordinator:** Amanda Lawson

Clinical Manager: Sarah Mitchell **Clinical Nurse:** Kimberly Wilkinson,

Ajimole Papparil Mathew **Lifestyle Team Leader:** Michelle (Bobby) Battye

Lifestyle Team member: Sandi Lewis, Megan Abbott, Karen Rayner

Chef Manager: Veijo Lehto **Maintenance Officer:** Jason Campbell

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