

# THE Difference

CALOUNDRA FEBRUARY 2023



## Aussie as!

THERE WAS ABSOLUTELY no mistaking the theme of January here at Palm Lake Care Caloundra - it was an Aussie-as month of festivities that centred around Australia Day. From a traditional barbecue meal (alfresco, of course!) to the lamingtons at our Coffee Club catch up, we definitely celebrated our land downunder with style!

### Service Manager's note

WELCOME TO FEBRUARY. As always, we have a lot planned for this month. We are excited to let you know that we are opening our next wing - Aruba - at the beginning of the month. Our beauty services are also now open for you to access at our Wellness Centre and we look forward to offering some February deals for hair and beauty to mark the opening. Feel free to talk to Melissa at our front office if you need more details. We are also planning to get our bus tours underway in February for our residents and we will keep you updated on that.

Please keep your water intake up because it is very hot and hydration is important. And don't forget to wear a mask whenever you go out. Let's keep our community safe and healthy. I hope you all have a great month ahead and please do not hesitate to share your thoughts, comments or concerns with our team via the feedback forms. Alternatively, I can pay a visit to you if you wish to see me. I always enjoy catching up.



**Ushani Jayawardhana,**  
Service Manager



ELVIS WAS IN the building at Palm Lake Care Caloundra in recent weeks celebrating what would have been his 88th birthday. Pictured below, residents enjoyed the tribute, reminiscing while they completed themed Elvis quizzes. They also thoroughly enjoyed 'Elvis' rocking out his famous moves!

Residents also love our cooking programs and what better recipe than yummy Apricot Balls made in the morning and eaten for afternoon tea. Much fun was also had during our tea cup planting activity. Utilising our beautiful outdoor area, our residents planted succulents in beautiful tea cups to keep in their rooms. Check out the photos, from both activities, right.

Also, you would have seen the photos on the front page of this newsletter - our Coffee Club kicked off the Aussie Day celebrations with lovely coffee from our café and lamingtons, of course, for morning tea. This was followed by a thong-throwing competition and Australia Day quiz. An afternoon sausage sizzle wrapped up the day beautifully.

**Belinda Malin,**  
Diversional Therapist/Lifestyle Coordinator



IT WAS FANTASTIC to see so many residents at our recent Resident Meeting. Our next meetings will be on February 6 and March 6. This is a great opportunity for you to catch up on all our news. If you can't make it in person, please feel free to join us via the Microsoft Teams link. We are also always around to answer any questions you may have, so please don't feel the need to save things up for the meeting. You would have all met Kylie, our fantastic Registered Nurse who supports our admission process (you would have seen a lot of her on Days 1 and 2 when you first moved in). She is a great port of call for those early questions. After that, our Registered staff on shift in our communities are your next point of contact for any clinical/care questions. Amanda, our Clinical Nurse, works 6am-2.30pm each day and her role is to have oversight of clinical needs. My role as Clinical Manager takes a more overarching view over all communities to ensure we are delivering great care and clinical compliance, and that our staff have the training and support needed to provide such care. I am also more than happy to speak with you or your loved one at any time when you have questions.

**Bec Burgess,**  
Clinical Manager

#### KEY LOCAL PERSONNEL

**Service Manager:** Ushani Jayawardhana  
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**Clinical Manager:** Bec Burgess caloundracarecm@palllake.com.au

**Administration Officers:** Melissa Ryan and Simona Cinelli

**Lifestyle Coordinator:** Belinda Malin **Maintenance:** Colin Ashton

**Hospitality Team Leader:** Lisa Wilkinson

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