

THE

# Difference

DECEPTION BAY MAY 2023



## We will remember them

Anzac Day is always a special event for us here at Palm Lake Care Deception Bay. We love to decorate our community to set the tone for a memorable annual service. We thank those who helped make this year's day special.

### Service Manager's note

We have some exciting news here at Palm Lake Care Deception Bay: our own Registered Nurse Melika Ramenzanbadi applied for and was the successful candidate for the Clinical Nurse role. Melika came to our Deception Bay location as a graduate Registered Nurse a few years ago and has grown in her career. She is taking the next step towards great things. I am sure you will all take time to congratulate her on her success and send her some good wishes for a big career in aged care.

The weather might be cooling down but our activities here on-site are moving on an exciting new course, now steered by the wonderful Nadine Troth as our Lifestyle Team Leader. Early feedback from the residents is that Nadine and Loretta are going to make a wonderful team and a big difference in our beautiful community. On the topic of team members, the recruitment process for the new Service Manager is ongoing with applications aplenty and interviews galore. However, it is important that the right person with the right skill set, right attitude and right experience takes on this important role with gusto. I will stay on as Relief Service Manager until the appointment is made. Stay warm, stay well.



**Eleanor Morgan**  
Relief Service Manager

## Lifestyle Team's update

This past month we have been trying out some new activities and revisiting some older activities across our Lifestyle program. The residents always enjoy games like bowls and brain games that get us thinking. Bingo and singalongs are also popular, of course.

We have enjoyed having some performers come and put on shows for us. We had a bit of a go at karaoke together during Happy Hour one Friday, and have been enjoying the beautiful weather with some nice walks around the gardens as well as down to the beachfront where we sat and watched the happenings along the waterline.

We have added a 'Star of the Month' award, if you want to nominate someone who has done something special for you.

A bit of fun has been had trying out some different activities in our Wellness Program. This has included movement to music, balance beam class, strength training, our walks to different destinations, seated yoga and more. Our physiotherapist, Ali, is always up for something new and fun!

This past month was special with our commemoration for Anzac Day, our Legacy Ladies and our monthly birthday celebrations. We are keen to start up some bus trips and outings soon. That is when we can find some time in between the fun we have planned in May with the King's Coronation, International Nurses' Day and Mother's Day, of course!

**Nadine Troth and the Lifestyle Team,  
Palm Lake Care Deception Bay**



**Pictured above:** Our trip to the seaside was relaxing and wonderful.  
**Pictured below:** Happy Hour. **Pictured below left:** The lovely Legacy Ladies visited us and we enjoyed morning tea with them.



### KEY LOCAL PERSONNEL

**Relief Service Manager:** Eleanor Morgan, [eleanorm@palmlake.com.au](mailto:eleanorm@palmlake.com.au)

**Admin:** Gillian Hodge **Customer Experience:** Tracey Cognetta

**Clinical Manager:** Divya Mannayath **Clinical Nurse:** Melika Ramenzanbadi

**Lifestyle Team Coordinator:** Nadine Troth

**Chef Manager:** Amit Jyoti **Maintenance Officer:** Samanth Jose

**Housekeeping Team Leader:** Norelle Hobart

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