

THE Difference

BARGARA MARCH 2023



Love day

VALENTINE'S DAY High Tea was great! Peter 'The Other Bloke' entertained us and some even got up to dance. The kitchen provided us with many tasty treats which were presented beautifully.



Service Manager's note

Hello everyone! I am so pleased to announce Chrissie Webb has taken on the role of Clinical Manager here at Palm Lake Care Bargara. Chrissie has been an integral part of our team for many years in differing roles culminating in this well deserved promotion. We also welcome Danielle Burgess to our Clinical team. Danielle comes to us with a wealth of experience in both aged care and critical care and will be an asset to our community.

We are currently working on menu changes and have a draft ready for viewing. This is available at reception should you wish to have a sneak peak and make any comment. We will have a small committee of residents from the Food Focus meeting group work with Chef on the finalisation and implementation of this menu and we aim to have this in place by May 1.

I would like to convey my thanks to all residents and relatives for participating whilst the ACQSC were in house conducting our re-accreditation. We will also welcome the Resident Experience Team to the community on March 10 as they conduct the yearly Resident Experience reviews. This is in conjunction with the star rating now given to residential aged care facilities.

As always, we are here to assist or chat. Please feel free to reach out at any time.



**Joanne Acott,
Service Manager**



***Pictured above:** Entertainment is a big part of the fun we have here at Palm Lake Care Bargara. We are lucky to be regularly visited by some great acts including our neighbours - the linedancers from Palm Lake Resort Bargara. Well done, ladies!*



Lifestyle Team notes

Cultural Day: This month, our cultural day focussed on France. We chatted about the country, their customs and learned about the country via some interesting trivia. We even tried to 'Feed the Frog' blindfolded - quite a few laughs.

Australia Day: Before the public holiday, we had enjoyed Australia Day craft and had a great backdrop display of all thing Aussie.

Entertainment: It's been great having our regular entertainers coming in, especially after not seeing them for a while as they have been away on holidays. They include Graeme Ford, John Bryen and Rod Bryant. It was also lovely to see the Palm Lake Resort Bargara line dancers back again. They make Happy Hour quite fun!

Drumming with Cynthia: Cynthia and her husband, Dave, had us making music by drumming on their authentic African drums. Many residents enjoyed joining in by banging on the drums, shaking the African rattles and also singing along.

Games: Triominos, Mahjong and Scrabble have become very popular, too!

Meet your neighbour: Bobbie Berkery

Bobbie is a resident of Banksia wing. She first came to Palm Lake Care Bargara two weeks after it opened. Bobbie will celebrate her 100th birthday in June. Bobbie is the youngest of three sisters and grew up in Sydney. Bobbie worked as a doctor's receptionist when she was young and later married Hylton, who had become a doctor.

What is one thing you wish you had done more of? Or less of?

I wish I had done more travelling and seeing the world while I was still young.

What is your favourite memory?

Dancing the jazz waltz with my sweetheart, Hylton, before we got married in Sydney. I first met Hylton when I was only 12 years old, and we decided we were going to get married one day.

What does happiness mean to you?

Being with my loved ones. They are too far away at the moment, in Hobart.



KEY LOCAL PERSONNEL

Service Manager: Joanne Acott, bargaracarefm@palllake.com.au

Admin: Rennay Toms **Clinical Manager:** Chrissie Webb

Clinical Nurses: Amanda Teefy and Danielle Burgess

Lifestyle team members: Kim Milowski, Glenys Couchman, Stephen Doherty

Maintenance Officer: Paul Walton **Chef Manager:** Russell Middleton

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