BEACHMERE SEPTEMBER 2023



It's showtime!

From sideshow alley to delicious festival treats - we enjoyed all the sights, sounds and tastes of the traditional Ekka - but did it right here in our own community!



Pictured this page:

Knock 'em down games and delightfully sweet fairy floss could mean only one thing: it's Ekka time!





Service Manager's note

As this newsletter goes to print, I hope you will all be enjoying a wonderful Father's Day. We have finally come to the end of winter, which was not as cold as we had expected. However, the prediction is that summer is going to be a hot one.

In the event of a fire alarm, please do not evacuate the building. Wait for staff instructions. Our staff are trained to manage fire alarm situations and will ensure that everyone is safe.

Our Lifestyle Team has been introducing new activities for residents to choose from. We are glad to see that residents are enjoying them.

We recently had a visit from the Aged Care Quality and Safety Commission. They reviewed our infection control and food safety practises. On the topic of reviews, please remember to fill out a feedback form if you have any compliments or feedback to share.





Pictured above: The Bribie Island Gallery Singers stopped by and entertained us with their voices recently. They are a really talented group and we already look forward to having them stop by again later in the year.



Flying high

Pictured left and below: Bribie Island's Butterfly House was a wonderful and educational setting for our recent bus trip. What a delight!











Lifestyle Team's note

Ekka comes to Beachmere: Earlier in the month we had a mini-Ekka day here at Palm Lake Care Beachmere. We had a fishing game, knock 'em down tin cans game, a clown, Ekka food and no sideshow alley is complete without a fortune teller! We enjoyed morning tea with traditional Ekka food treats such as mini dagwood dogs and chicken nuggets. And there was fairy floss for all as well! It was a truly fun morning, with a lot of laughter and smiles.

Sounds good: We also had a visit from the Bribie Island Gallery Singers in recent weeks. It was very peaceful and calm for our residents to listen to this choir sing some of their favourite songs from yesteryear. The choirists were lovely and we are already looking forward to having them visit us again, perhaps for some Christmas carols?

Butterfly House: As our residents walked through Butterfly House at Bribie Island, they learned how a caterpillar transitions into a butterfly. They then walked into the large greenhouse where the butterflies fly freely. If you're planning a visit, like we did, it is recommended you wear bright colours so the butterfly will be attracted to your clothes and land on you. Sometimes, as our pictures (left) show, you can be lucky enough to have more than one land on you! Throughout the walk our residents were inspired by the beautiful gardens, plants and some of the quirky ornaments that not only gave us great ideas for repurposing items, but also add to the atmosphere. The grounds are very tranquil and everyone who went had a beautiful time.

Abby LIFESTYLE TEAM LEADER

Key local personnel

Service Manager: Ram Korla beachmerecaresm@palmlake.com.au Admin: Uzma Naved and Janiece Crowe **Customer Experience Officer: Tracey Cognetta**

Clinical Manager: Richa Timilsina Clinical Nurse: Aasa Singh

Lifestyle Team Leader: Abby Foote

Housekeeping Team Leader: Christine Lanigan

Maintenance: Michael Carpenter Chef Manager: Neil Galpin

