

THE Difference

BEACHMERE MAY 2023



What came first: the chickens or the (Easter) eggs?

At Easter time we did a good ol' Easter egg hunt! Residents were encouraged to look for eggs that were hidden around the building (it was raining, so we couldn't go outside). For every plastic egg they found, it was replaced with a real one! The idea was to get residents up and walking, and to bring back some memories of when they set up Easter egg hunts for their own families, or for when they did it themselves as children. A lot of fun was held, and thankfully there was no fighting over eggs!

And what is the month of Easter without the Henny Penny chicks? The organisers drop off fertilised eggs and an incubator, and with love and warmth we get to watch the eggs hatch. We had our very own hatchery with 14 chicks by the end. The residents got to watch these cuties grow for two weeks, patting them and talking to them whenever they wanted. We have never seen so many people just pop into the activity room as when the Henny Penny chicks were in town!



Service Manager's note

April has gone very quickly with so many celebratory and commemorative events to be marked. We've also seen our residents enjoy all the entertainment provided by our visiting entertainers. On the topic of activities, our Lifestyle Team is planning to include bus trips twice weekly for residents now that the weather has cooled.

Just a reminder that resident surveys have been sent to all residents/EPOAs. If you can return them ASAP, that would be wonderful. Did you know that EPOAs can attend our monthly resident meetings and sit next to your loved ones, while maintaining social distancing from other residents. It is also still a requirement for visitors and staff to sign in and out via our reception area.

We are currently recruiting care staff for Palm Lake Care Beachmere. If you know someone who might be suitable for a role here with us, please encourage them to visit our Palm Lake Care website and check what vacancies we currently have. Also, don't forget to drop your feedback form into the feedback box at reception. Enjoy your month ahead!



Ram Korla,
Service Manager



Lifestyle Team notes

Art therapy continues to be a very popular activity (pictured above and above left). Once a month, we paint and chat, and paint some more. It has been decided that after two or three months, we are going to hold an art exhibition for everyone here to see the wonderful painters we have in our midst. The artists are very proud of their work, and from my perspective I have seen an improvement in confidence and socialising.

During the school holidays, our local school has PCYC Vacation care. We invited the children to come and do some art and craft with us to help make Easter bonnets for the Easter bonnet parade (pictured left). There were 25 children in attendance and around the same number of residents. The laughs and giggles were heartfelt, there was a lot of joke-telling, and the happiness on the residents' faces when they were talking to the children was as bright as the sun. Morning tea was shared, and the children helped to serve the residents. It was a big day however, totally worth it according to the feedback!

On World Earth Day, we did some gardening and recycling by plant sunflower seeds into compostable pots of egg cartons (pictured far left).

Abby Foote,
Lifestyle Team Leader



***Pictured this page:** From Easter celebrations, to school holiday visitors to commemorating World Earth Day, there's never a dull day here at Palm Lake Care Beachmere!*

KEY LOCAL PERSONNEL

Service Manager: Ram Korla beachmerecaresm@palllake.com.au
Admin: Uzma Naved, Natalie Wieland **Customer Experience:** Tracey Cognetta
Clinical Manager: Richa Timilsina beachmerecarecm@palllake.com.au
Clinical Nurse: Albert Pearce (Acting) **Lifestyle Team Coordinator:** Abby Foote beachmerecarelifestyle@palllake.com.au **Chef Manager:** Neil Galpin
Housekeeping Team Leader: Christine Lanigan **Maintenance:** Michael Carpenter

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