

THE Difference

DECEPTION BAY MARCH 2023



Love rules

LOVE WAS MOST definitely in the air at Palm Lake Care Deception Bay these past weeks as we marked Valentine's Day, among other love-ly activities. We baked, ate, played themed games and thoroughly 'loved' all that was on offer!

Service Manager's note

"Love was in the air" as everyone enjoyed the Valentine's Day activities on offer this year. There were hearts of all shapes and sizes everywhere you looked - heart decorations, heart chocolates - hearts everywhere! Also in keeping with the theme, everyone loves birthdays and our residents' monthly birthday celebration coincided with Valentine's Day making it truly a day to remember.

Our crafters' busy fingers have been hard at work preparing for not only Valentine's Day but also for St Patrick's Day which is just around the corner. We've got green dress-up costumes and a green theme planned for everywhere. Watch out for the leprechauns - "To be sure, To be sure" they will be around our community somewhere on the day!

Our residents enjoy their gardening here at Palm Lake Care Deception Bay with many lovingly tending the gardens within our internal courtyards. It is a delight to go out there when all the different plants are in full bloom including some spectacular frangipani trees.

For those who do not know, we have a new Clinical Manager on staff here at Deception Bay. Please take the time to pop in and say hi and welcome Divya to our home. I would also like to take this opportunity to remind you that we are now in post-Covid times and the world is again open. We welcome your attendance at the Residents' Meetings that are held every third Tuesday of the Month and also our Food Focus Meetings held on the third Monday of every month. Now that we can get together again in larger groups, we would greatly appreciate your input into the life and times here at Palm Lake Care Deception Bay.



Gail King,
Service Manager



Pictured left: We've been busy preparing our entries for this year's Redcliffe Show. We're working on a theme this year, as you can see by these early entries. The show this year runs from June 30 - July 2. Stay tuned for the results of our hard work!

Lifestyle Team's update

Our residents have been busy creating some beautiful, themed works for this year's Redcliffe Show. We're showcasing the residents' family history in the military services and the Boar War, with a collection of photographs, knitted poppies, paintings and book carvings all themed to the subject.

When making our poppies and completing our paintings, we are also highlighting and remembering the people that the artworks represent and honour, which is a lovely additional benefit for the participating residents. As well, the efforts of these residents is showcasing Palm Lake Care to the greater Redcliffe City community. Ours is the only aged caring community to take out two Grand Champion awards at the Redcliffe Show in eight years. Perhaps this year's entry will reap another? Third time lucky, as they say. You can judge their works by these photos - they are all winners!

Love has definitely been in the air in recent weeks. We celebrated Valentine's Day with chocolates and cake as well as group trivia and a group find-a-word activity. Our monthly

birthday celebration fell conveniently on Valentine's Day, which also helped us to spread the love! On the topic of love, we also learned of cultural customs around the world. Did you know that in South Africa, the ladies wear a heart upon their sleeve? They pin a heart-shaped decoration on their sleeves and write the name of their man of interest on the heart. Another fun fact: In Ghana, Valentine's Day is known as National Chocolate Day. Ghana is the world's largest global producer of cocoa.

Our Valentine's Day tables were a treat. The setting was beautiful, with red napkins folded into heart shapes and place mats themed to the occasion. Our Valentine's Day raffle was won by Esme Cummings. Congratulations Esme! Gianna, our visiting lunchtime piano player, finished off the mealtime with a lovely performance.

Every week, here at Deception Bay, our residents enjoy great entertainment and gleefully tap their toes and clap their hands. A good time is always enjoyed by all in attendance.

Linda Riedel, Lifestyle Team Coordinator



KEY LOCAL PERSONNEL

Service Manager: Gail King, deceptionbaycarefm@palllake.com.au

Admin: Gillian Hodge

Clinical Manager: Divya Mannayath

Lifestyle Team Coordinator: Linda Riedel

Chef Manager: Amit Jyoti **Maintenance Officer:** Samanth Jose

Housekeeping Team Leader: Norelle Hobart

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