BETHANIA AUGUST 2023

Busy hands, busy minds





We've been producing some pretty impressive pieces of art and craft in recent weeks as we keep our hands - and minds - busy. Even the gardens have enjoyed the efforts of our green-thumbed residents.







Service Manager's note

Welcome to all our new residents and families – we are delighted to have you join our community. Our Lifestyle team continues to add new activities to the program based on resident feedback and special date-specific events each month, such as Naidoc Week. Our weekly calendar is delivered to each resident on Saturdays so that you can take the opportunity to plan for the coming week. We have commenced the renovations of Poppy with the first stage of the building construction underway. We look forward to sharing our changes with you soon. Also, if you have not met her yet, Tina Le Claire has joined us from Palm Lake Care Mt Warren Park in the role of Clinical Manager. Tina comes with more than four years' experience in this role and looks forward to meeting all our residents. Tina will lead the clinical team and oversee clinical care. In closing, as the weather becomes warmer and you may be updating your wardrobes, please leave any new clothing items at Reception so we can have these labelled for you.



Meet our team



Have you met Leanne Gronfors? She's an integral part of the team that keeps our administration office ticking...

I was born in Liverpool, NSW, where I met my husband. We moved to Queensland with our first daughter and then added two boys to our family.

I have been working for Palm Lake Care for 9 years, come September. I started here as a PCA. I loved working with all the residents and meeting all the nice families. I then went and helped in the Lifestyle Team and enjoyed seeing a different part of what our residents enjoy doing. I am now working in the Reception area where I meet and greet families that come and see their loved ones. I am also currently working in an acting Service Support role, just to help out for a while.

When I'm not at work, I am running around with the kids' sports on the weekends and taking my daughter to work. It's a full-on role being a working mum!

You will usually find me behind the Reception counter so don't be shy - make sure you say hello. I enjoy meeting new people!

Meet your neighbour

We'd love to introduce you to one of our residents, Fay Ivans...

I grew up on a banana farm in the Tweed Valley/ Condong Ranges. There were three boys and three girls in our family, and we would all help out on the farm.

When I left school, I got a job working as a stenographer at the local Solicitor's Office. My husband lived and worked in the area, and this is where we met.

After getting married we worked together on the banana farm. I also helped out with driving the trucks to take the bananas to the Murwillumbah Markets. Later on, we moved to Aramac where we started a trucking business. I had a real love for trucks, especially my long



nose Mack with two trailers and a 10 speed Road Ranger gearbox. You had to know a thing or two about trucks because if you broke down, you would be in the middle of nowhere with no one around to help you. We carted all sorts of things to places near and far and it was a real highlight of my life.

I came to Palm Lake Care because I needed full time care. It's good because I get to do different activities and get to make friends and socialise.

Lifestyle Team's note

Naidoc Week was celebrated around Australia on July 2-9. It presented a great opportunity to celebrate our culture, history and the achievements of the Aboriginal and Torres Strait Islander peoples. We celebrated Naidoc Week by making some creative decorations and, of course, some Aboriginal craft. We enjoyed making little houses which turned out so cute. We even did some spray paint handprints - that was lots of fun.

We have also started a Knitting Natter group with some of our residents. We are hoping to make enough squares for a large leg rug that we can display in our Activity Room.

We also always have opportunities for our residents to do their own choice of activities. This is where our ladies and gentlemen choose to do what they want whether that be gardening, playing cards, painting or doing puzzles - everyone is different and we celebrate that.

In August we are going to try our hands at brewing Beer! We will let you know how that goes.

Bobby, Sandi, Megan & Karen

IFESTYLE TEAM

Key local personnel

Service Manager: Vanessa Gawith bethaniacarefm@palmlake.com.au

Service Manager Support: Janene Sayers Admin: Leanne Gronfors and Tracey French

Customer Experience: Diane Unwin The Lanes Coordinator: Amanda Lawson

Clinical Manager: Tina LeClaire

Clinical Nurses: Kimberly Wilkinson and

Ajimole Papparil Mathew

Lifestyle Team Leader: Michelle Battye Lifestyle Team: Sandi Lewis, Megan Abbott

and Karen Rayner

Maintenance: Jason Campbell Chef Manager: Veijo Lehto

