

# THE Difference

BARGARA FEBRUARY 2023



## Alpaca antics always bring us joy

EACH MONTH, we enjoy a visit from our fluffy friends, the alpacas. It's a real delight seeing the joy on our residents' faces when these animals arrive on site. The residents love to cuddle and stroke them - and we think the alpacas themselves thrive on all the attention they get while they're here! The alpacas are just one aspect of our pet therapy program and we are ever so grateful to their handlers for allowing them to come and visit so regularly.

### Service Manager's note

WELCOME TO THE February edition of our monthly Palm Lake Care Bargara newsletter. We have really hit the ground running in 2023 and we have already celebrated Australia Day! Our Lifestyle Team members have been busy putting their activities calendar together for the next 12 months and there will be some great events throughout the year that our residents' families can be involved in. Watch out for those dates.

We look forward to welcoming our families back in to enjoy time with their loved ones. This includes to our regular Happy Hours and all our events. We are, however, seeking assistance from volunteers. These volunteer roles play an important part in our aged caring community. Volunteers are called on to assist with outings, the running of games and simply just for chats with those residents who don't have as many visitors as often. They especially look forward to seeing new faces. If you have the time and would like to volunteer please do let us know.

**Joanne Acott, Service Manager**







## Lifestyle Team notes

JUST BEFORE CHRISTMAS we had the Salvation Army band come in and play carols for us, pictured above. The music books were handed around, so all residents could join in the singing. It sounded great and the residents certainly had their carol voices on. The week of Christmas here at Palm Lake Care Bargara, we celebrated with some high teas and cocktails parties for both residents and their families. The food was spectacular and enjoyed by all. You'll see Esme, pictured above left, joined in making some craft for Christmas, which turned out really lovely. Well-done Esme.

Lenore, Ruth and Heather have regularly been playing the ancient Chinese game of Mahjong. They really enjoy the game. On the topic of games, Sylvia joined in playing snakes and ladders on one of our board game afternoons (pictured left). There's always lots of laughs and shenanigans had on these afternoons.

Our regular entertainer, Rod Bryant, has been coming again to play guitar and sing. He is always very popular because of the songs he sings and the stories he tells on the side. He knows a lot of our residents from their younger days and has a lot of funny stories to tell about them! While on the topic of music, we thoroughly enjoyed Relief Service Manager Eleanor playing our grand piano. The residents loved her music and when she finished, Bean, one of our talented musical residents took over and played many more songs. We definitely have some talented people in our community!

We wrapped up the month with some Australia Day craft. Mary and Daphne, pictured below, joined in and also enjoyed the chats about our great country. Our craft mornings are growing steadily again which is always wonderful to see.



### KEY LOCAL PERSONNEL

**Service Manager:** Joanne Acott, [bargaracarefm@palllake.com.au](mailto:bargaracarefm@palllake.com.au)  
**Service Manager Support:** Kim Meissner **Admin:** Jessica Macbeth and Rennay Toms  
**Clinical Nurse:** Amanda Teefy  
**Lifestyle team members** Kim, Kylie, Glenys and Stephen  
**Maintenance Officer:** Richard Miller **Chef Manager:** Kat Farrow

### PALM LAKE CARE BARGARA

55 Wearing Road,  
 Bargara QLD 4670  
 Phone 07 4331 0000

[www.palllakecare.com.au](http://www.palllakecare.com.au)

