

THE Difference

MT WARREN PARK MAY 2023



Can't beat 'em? Join 'em!

Age is just a number, right? Well, that's what we here at Palm Lake Care Mt Warren Park believe! We LOVE reminiscing about our own childhoods and many of these memories are spurred on by our smallest visitors. Pictured above, we thoroughly enjoyed having some local students drop into our community as part of their recent school holiday care program. And, pictured below, we loved getting back to our childhood roots via a recent trip to the park where we enjoyed the sunshine, sights and sounds of listening to storybooks being read aloud to us.



Service Manager's note

I can't believe we are in May! The year is flying by with so many activities, bus outings and concerts held for our wonderful residents to enjoy. Our Wellness program has also been very successful including our 'No Falls Month' during April. Our Easter celebrations included a concert, barbecue lunch and a visit from the Easter Bunny! The fun doesn't stop there with the Beenleigh Orchestra coming to play for us as this newsletter goes to print. This will be a lovely evening event with our residents' family members and friends invited to attend (we're also looking forward to the wine and cheese!). Our community really has so much to offer, which shows that Palm Lake Care Mt Warren Park is the place to be!

Caroline Bosnic, Service Manager





Lifestyle Team's notes

Our community members at Palm Lake Care Mt Warren Park have been very busy. The residents recently enjoyed celebrating Easter (pictured above) with a 'Eggstravaganza Event'. It all kicked off with an Easter egg hunt and lots of Easter games as well as a concert by Deanna. Our barbecue lunch, to follow, was not complete without a visit from the Easter Bunny!

April is 'No Falls Month' so our residents have been concentrating on their Wellness program. The aim is to be at maximum strength to reduce falls. We also learned and practised some balance exercises to help keep us on our feet (pictured left). Time spent being educated about falls and ways we can help prevent them is always worthwhile.

We enjoyed some art and craft projects, bus trips out into the local community and we also enjoyed having some of our lovely local community members stop by to visit us. We had a local kindy bring their school holiday program in and we had a visit from police Senior Sergeant James Bromley (pictured above left) who joined us for a morning tea and delivered a presentation to us about keeping ourselves and our valuables safe. We were also proud to host an Anzac Service with the assistance of the Beenleigh Junior Quota (right).

Leona Counsell,
Lifestyle Coordinator

KEY LOCAL PERSONNEL

Service Manager: Caroline Bosnic mtwarrencaresm@palllake.com.au

Admin: Hayley Alagiah **Customer Experience:** Diane Unwin

Clinical Manager: Tina LeClaire **Clinical Nurse:** Sangeeta Bhamoo

Lifestyle Team Coordinator: Leona Counsell

Chef Manager: Brendon Borg **Maintenance Officer:** Alec Walker

Housekeeping Team Leader: Ashley Woollett

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