



Spring has sprung!

It's a lovely time of the year for us to be getting out and about - and enjoying all the finest things in life...



Pictured left: We love an invitation to visit our neighbours at Palm Lake Resort Bethania - especially when a delicious alfresco lunch is being served up!

Palm Lake Group owns and operates both the Palm Lake Care and Palm Lake Resort companies with more than 10,000 people across three states calling a Palm Lake Group address their home. Having the over-50s lifestyle resorts and aged caring communities co-located (like ours are) provides so many wonderful opportunities for families with differing care needs. And it also expands our friendship network, which is always a lovely bonus.

Service Manager's note

The residents of Palm Lake Care Bethania have really been enjoying their choice of outings lately. It was lovely to see them this past month visiting Palm Lake Resort Bethania for lunch as well as Palm Lake Care Mt Warren Park for a lovely morning tea and to sing with the choir. Being able to spend time with different social groups is such a wonderful opportunity. We continue to welcome new residents to our aged caring community and it's lovely to see new friendships forming as our new residents mingle with our longer-term residents and get to know each other. Our Lifestyle Team is busy working on new additions to our activity calendar, ensuring as many of our residents' interests are met. As we move into spring, we will be able to enjoy even more activities outside and outings in the local community. We'll make sure to bring you all the photos!

Vanessa Gawith SERVICE MANAGER



Meet our team



Have you met Shona Boyd? She has a wonderful caring heart and enjoys sharing it with our lucky residents...

Shona has been working at Palm Lake Care Bethania for nearly seven years as a carer and feels very fortunate that she found a job that she really enjoys.

Shona says she loves caring for our residents and that she works with a great team and very supportive management.

"It's like working for family," she smiles. "You may see me either caring for residents or at reception, where I fill in sometimes.

"When I'm not at work I'm looking after my four grandsons. I also like to go to the gym whenever I can."

Meet your neighbour

We'd love to introduce you to one of our newer residents, Christine Greener...

Hi, my name is Christine, but I like my friends to call me Chris. I will actually answer to almost anything really! I was born in the United Kingdom, married and had our children. We settled in South Africa for quiet a few years before finally coming to Australia.

I have been at Palm Lake Care for about a month now. I was so happy when I found out that I was going to be calling Palm Lake Care Bethania my home. My friend Liz wants to come to Palm Lake Care to live as well - she is patiently waiting. I like to keep busy during the day doing the organised activities and I have already made new friends here.



Lifestyle Team's note

We've had another busy month brewing beer! We are hoping it will be ready in the coming week. It's been an activity that has brought back many memories for our residents who have brewed their own beer in their backyards. We are also watching our lavender grow and it is finally starting to bloom. We are all amazed by how much water it takes just to prevent them from drooping. It really is a full time job looking after them!

We have been on numerous outings this past month. We went up to the Mount Gravatt Lookout and were all surprised by how much things have changed. We also went into the city to have a look around and, wow, there is no Myer Centre anymore.

We celebrated Jeans for Genes Day with craft activities and displays. Most of us no longer wear jeans - but it's for a good cause!

We will soon have the Henny Penny egg hatching program visit us which we are all looking so forward to. Chicks are the cutest things! We will also soon be enjoying a visit to Palm Lake Resort Mount Warren Park for morning tea and to be entertained by their resident choir. We look forward to it all!

Bobby, Sandi & Karen

LIFESTYLE TEAM

Key local personnel

Service Manager: Vanessa Gawith
bethaniacarefm@palllake.com.au
Service Manager Support: Janene Sayers
Admin: Leanne Gronfors and Tracey French
Customer Experience: Diane Unwin
The Lanes Coordinator: Amanda Lawson
Clinical Manager: Tina LeClaire
Clinical Nurses: Kimberly Wilkinson and Ajimole Papparyl Mathew
Lifestyle Team Leader: Michelle Battye
Lifestyle Team: Sandi Lewis and Karen Rayner
Maintenance: Jason Campbell
Chef Manager: Veijo Lehto