Palm Lake[®] The Difference

BARGARA JULY 2023

Wedded bliss

A big congratulations to our Keith and Elvie who recently celebrated 65 years of wedded bliss! What a milestone! So, what's their secret? Read on below...



Cultural **day**



Pictured above and left: England was our focus for this month's cultural day, which was fitting given that many of our residents and their families have links to that country.

Service Manager's note

Thank you all for the warm welcome. I thought I'd share a little about myself. I have 25 years' experience in aged care in roles such as Operations Manager, IT Consultant for the creation of aged care software, General Manager and, most recently, CEO of a facility in Beaudesert. I have a passion to serve the elderly and vulnerable through working collaboratively with my colleagues. As a team, we will endeavour to provide the best quality care and wellbeing in life, in a safe environment, compliant with industry obligations. On a personal note, my wife, Helen, and I have a large adult family and have been blessed with grandchildren whom we love to visit on road trips. I also enjoy puzzles, playing games and being in nature. I look forward to meeting you all as I settle into the role.



Peter Kneen Service Manager





Pictured above and left: There's a lot of variety in our days, from morning tea celebrations to getting outdoors for sports and enjoying live entertainment.

Meet your neighbour



Roma Skinner was born in Melbourne, opposite the Flemington Racecourse. Roma was a dancing teacher for tap dance and acrobatics. She married in Marysville and had three lovely girls. The family moved to Bundaberg a long time ago, she says.

Many years ago, they did a road trip around northern Australia and met their grandson in Darwin, who is a helicopter pilot. He took them out for a spin. "That was really exciting," Roma says. She remembers hanging on for dear life!

What does happiness mean to you? The world. Everyone should be happy.

What is your favourite memory? Having my three daughters.

What is one thing in life you wish you had done more of? Or less of? I wish I had done more dance teaching (teaching children to dance).

Lifestyle Team's note

Cultural day: Recently, we celebrated England as our focus for cultural day. We had the king's guards racing, moving up a space after a dice throw. Many residents originally came from England, or their parents did, so it was a fitting and relevant topic for the day.

World Elder Abuse Awareness Day: A delicious afternoon tea was served with purple cupcakes made by our talented kitchen staff. Staff and residents were encouraged to wear purple on the day, as you can see in the photo (top left).

Bocce: We recently enjoyed playing bocce in the courtyard. The weather was perfect. A great time was had by all who participated. You've got to love living in the tropics!

Ladies' lunch outing: Some of our ladies went out for lunch at the nearby Bargara Lakes Tavern. It was a lovely social outing and the food was great.

Palm Lake Singers: Our favourite songbirds are back once a month to entertain us. The choir sounds beautiful. We are so lucky to have them as neighbours at Palm Lake Resort Bargara.

Word games: 'Countdown' is a new whiteboard word game activity that we have recently started. Players must come up with as many words (the longer the better) with the few letters selected. It is very popular.

Kim, Glynis & Stephen

LIFESTYLE TEAM

Key local personnel

Service Manager: Peter Kneen bargaracarefm@palmlake.com.au Service Manager Support: Yari Ottoboni Admin: Rennay Toms **Customer Experience:** Ashlee Duckworth Clinical Manager: Chrissie Webb Clinical Nurses: Amanda Teefy and Danielle Burgess Lifestyle Team Leader: Kim Milowski Lifestyle Team: Glenys Couchman and Stephen Doherty Maintenance: Michael Cantrill Chef Manager: Luke Russell

PalmLake[®] Here we make a difference

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